

REFLECT

READING & WRITING

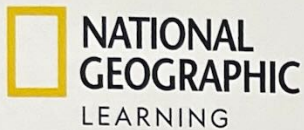
GARY PATHARE

REFLECT

1

READING & WRITING

GARY PATHARE



Australia • Brazil • Mexico • Singapore • United Kingdom • United States

National Geographic Learning,
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Reflect 1 Reading & Writing

Author: Gary Pathare

Publisher: Sherrise Roehr

Executive Editor: Laura Le Dréan

Development Editor: Lisl Bove

Director of Global Marketing: Ian Martin

Product Marketing Manager: Tracy Baillie

Senior Content Project Manager: Mark Rzesutek

Media Researcher: Stephanie Eenigenburg

Art Director: Brenda Carmichael

Senior Designer: Lisa Trager

Operations Coordinator: Hayley Chwazik-Gee

Manufacturing Buyer: Mary Beth Hennebury

Composition: MPS Limited

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SCOPE AND SEQUENCE

SOCIAL LIFE
SOCIOLOGY

page 2

1



Video: The social life of manta rays

Reading 1: Relationship circles

Reading 2: What is a friend?

READING & VOCABULARY EXPANSION

Preview

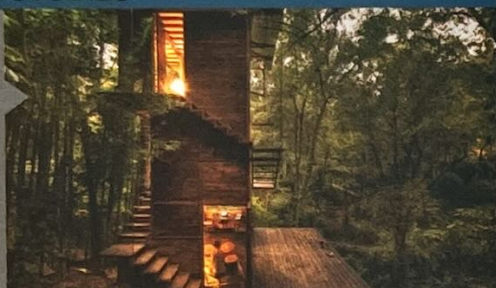
Using a dictionary: Choose the correct meaning

Verb + *about*

UNUSUAL HOMES
CULTURAL STUDIES

page 20

2



Video: Australia's underground homes

Reading 1: Do people really live there?

Reading 2: Life off the grid

Skim

Using a dictionary: Antonyms

Compound words

WHAT'S YOUR ROUTINE?
PSYCHOLOGY

page 38

3



Video: Andrés Ruzo: Not a morning person

Reading 1: Mornings around the world

Reading 2: What successful people do

Scan

Suffix: *-ful*

Collocations: *Take* + noun

FOOD IS LIFE
HEALTH

page 56

4



Video: The world loves coffee

Reading 1: Foods that people eat everywhere

Reading 2: National dishes

Read for main ideas

Suffix: *-ity*

Phrasal Verbs: With *up*

WRITING	GRAMMAR	CRITICAL THINKING	REFLECT ACTIVITIES
<p>Capitalize and punctuate sentences</p> <p>Capitalize proper nouns</p>	<p>Subject pronouns and possessive adjectives</p> <p>Simple present of <i>be</i></p>	<p>Categorize</p>	<ul style="list-style-type: none"> ▶ Discuss relationships in your life ▶ Make your own relationship circles ▶ Compare how people spend time with friends ▶ Explore ideas about friends ▶ UNIT TASK Write sentences about your best friends
<p>Write simple sentences</p> <p>Use adjectives</p>	<p><i>There is / there are</i></p> <p>Simple present</p>	<p>Rank</p>	<ul style="list-style-type: none"> ▶ Compare different homes ▶ Analyze what makes a home unusual ▶ Think about machines in your home ▶ Discuss an unusual home ▶ UNIT TASK Write sentences about your home
<p>Write sentences with <i>and</i> and <i>but</i></p>	<p>Adverbs of frequency</p> <p>Simple present negative and <i>yes/no</i> questions</p>	<p>Analyze similarities and differences</p>	<ul style="list-style-type: none"> ▶ Identify morning people and night owls ▶ Analyze morning routines ▶ Discuss the routines of successful people ▶ Rank advice about evening routines ▶ UNIT TASK Write sentences about your routine
<p>Write a paragraph</p> <p>Use listing words</p>	<p>Count and noncount nouns</p> <p>Imperatives</p>	<p>Personalize</p>	<ul style="list-style-type: none"> ▶ Discuss foods you eat ▶ Recognize how often you eat universal foods ▶ Discuss popular foods in your country ▶ Create a menu ▶ UNIT TASK Write a paragraph about your favorite food

WHY WE NEED SPORTS

CULTURAL STUDIES

page 74

5



Video: The first woman ever to wheelchair backflip

Reading 1: Why do young people play sports?

Reading 2: Why do people enjoy watching sports?

Identify reasons

Suffix: *-ous*

Using a dictionary:
Synonyms

THE FUTURE OF FUN

MEDIA STUDIES

page 92

6



Video: Water is life

Reading 1: Trends in entertainment

Reading 2: The rules don't change

Read for details

Suffix: *-ment*

Prefix: *un-*

THE CHANGING WORLD OF WORK

CAREER STUDIES

page 110

7



Video: Kenny Broad: cave diver

Reading 1: Five questions for your future

Reading 2: Female firefighters

Understand pronoun reference

Word root: *com*

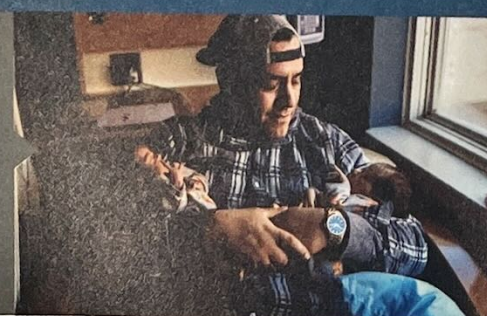
Base words and affixes

DEFINING MOMENTS

HISTORY

page 128

8



Video: A special moment

Reading 1: The power of a moment

Reading 2: Life-changing moments

Annotate a text

Using a dictionary: Noun and verb word forms

Adjective + *of*

Vocabulary expansion activities page 146

Appendices page 154

Index of exam skills and tasks page 159

Credits page 160

WRITING	GRAMMAR	CRITICAL THINKING	REFLECT ACTIVITIES
<p>Give reasons with <i>because</i></p> <p>Give examples</p>	<p><i>Can</i> and <i>can't</i></p> <p>Infinitives and gerunds</p>	<p>Make inferences</p>	<ul style="list-style-type: none"> ▶ Brainstorm reasons to play sports ▶ Respond to a reading ▶ Compare reasons for playing and watching sports ▶ Read a chart about sports ▶ UNIT TASK Write a paragraph about a sport or activity you enjoy
<p>Use sentence variety</p> <p>Follow formal format and style</p>	<p>Future with <i>will</i> and <i>be going to</i></p> <p>Modals <i>must</i> and <i>should</i></p>	<p>Evaluate opinions</p>	<ul style="list-style-type: none"> ▶ Discuss what you do for entertainment ▶ Evaluate an opinion about a future trend in entertainment ▶ Discuss being a "good sport" ▶ Explore how games will help us in "real life" ▶ UNIT TASK Write a paragraph about a future trend in entertainment
<p>Plan a paragraph</p> <p>Identify and write a topic sentence</p>	<p>Gerunds as subjects</p> <p>Simple past of <i>be</i></p>	<p>Plan and organize with a checklist</p>	<ul style="list-style-type: none"> ▶ Rank communication skills ▶ Create a checklist for a task ▶ Consider future jobs ▶ List skills for a job ▶ UNIT TASK Write a paragraph about your ideal job
<p>Identify and write a concluding sentence</p> <p>Review your writing</p>	<p>Simple past—regular verbs</p> <p>Simple past—irregular verbs</p>	<p>Ask questions to understand better</p>	<ul style="list-style-type: none"> ▶ Share a special moment ▶ Analyze a recent special moment ▶ Rank life-changing events ▶ Find out more about a topic ▶ UNIT TASK Write a paragraph about a moment that changed your life

REFLECT TO CONNECT

Reflect Reading & Writing features relevant, global content to engage students while helping them acquire the academic language and skills they need. Specially-designed activities give students the opportunity to reflect on and connect ideas and language to their academic, work, and personal lives.

Academic, real-world passages invite students to explore the world while building reading skills and providing ideas for writing.

READ

WHAT IS A FRIEND?

1 Friends are **special**. We can talk to our close friends about anything. We understand them, and they understand us. We like to be **together**. But what is a friend?

THE RESEARCH

2 A Snapshot report¹ shows what 10,000 people think about friends. The people are 13–75 years old, and they are from Australia, France, Germany, India, Malaysia, Saudi Arabia, the UAE, the UK, and the US. People in these countries all say that friends are **important**. But they do not have the **same** ideas about what a friend is.

DIFFERENT PLACES, DIFFERENT FRIENDS

3 Around the world, people want different kinds of friends. In Western countries like the UK, people want friends who **are like** them. They also want friends who don't judge them. In Asian countries, friends are more different from each other. And it is important for a friend to be **clever**. The number of friends we have is different in different countries, too. People in Western countries have an **average**² of about three best friends. Many people in the United States say they have **only one** best friend. In Asia and the Middle East, people have an average of around six best friends.

THE REASONS FOR FRIENDS

4 We can be close to family as well as friends. But friends are different. We **choose** them. And they choose us. We spend time on these relationships. People of all ages everywhere say they **really need** friends. They say they feel happy and loved after they spend time with friends.

report is a description of something.

judge is to decide whether someone or something is correct or wrong.

average is the number you get when you add two or more numbers together and divide by the total number of numbers.

A PREVIEW Read the title and headings of the article and look at the photo. What do you think the reading is about? Then read and check your answer.

- Personal stories about friends and family
- Information about friends around the world
- Instructions about how to make friends

Spending time playing soccer in Michoacan, Mexico

10

SOCIAL LIFE 11

Each unit starts with a **high-interest video** to introduce the theme and generate pre-reading discussion.

WATCH

THE SOCIAL LIFE OF MANTA RAYS

A PREVIEW Look at the photo and read the caption. Watch the first part of the video. What do you think the researchers learn about manta rays? **2023**

- Manta rays have friends.
- Manta rays have partners.
- Manta rays like people.

B Watch the second part of the video. Check your answers in activity A. Then discuss the questions in a group. **2023**

- In what ways are manta rays the same as people?
- How are manta rays different from people?

Manta rays in Indonesia

4

CONNECT TO ACADEMIC SKILLS

READ

READING SKILL Preview
Previewing, or looking at a text before reading, helps you to understand what you read. Before you read, look at the title, images (photographs, charts, tables, diagrams, etc.), headings, and subheadings. Think about what you know about the topic and what you think, or predict, the reading is about.

A APPLY Preview the article. Look at the title, headings, and subheadings. Then answer the questions.

- How many headings are there? _____
- Which heading has subheadings? _____
- What do you think the reading is about?
 - How to make friends
 - People you see and talk to
 - Your relationships with people


B MAIN IDEAS Now read the text. Choose the main idea.

- It's fun and easy to make relationship circles.
- Relationship circles help us think about our relationships.
- We are close to many people in our lives.

C Put the topics in the order of the reading.

- Create the relationship circles.
- Use the relationship circles.
- We have many people in our lives.

6 UNIT 1



A brother and sister in Paris, France

Focused **reading skills** help create confident academic readers.

WRITE

WRITING SKILL Write sentences about your best friends.

You are going to write five to seven sentences about your best friend or friends. Use the ideas, vocabulary, and skills from the unit.

WRITING SKILL Capitalize and punctuate sentences.
Capitalization and punctuation help the reader understand your writing. Start sentences with a capital letter.
My best friend is a student.
My brother is a cheerleader.
End sentences with a period.
Her neighbor is 65.
I have a special relationship with my uncle.

A MODEL Read the sentences about someone's best friends. Underline the capital letters at the beginning of the sentences and the periods at the end. What other word starts with a capital letter?

My Best Friends

I have two best friends.
My first best friend is Sally.
We are friends from home.
We talk every week on the phone.
Natalie is my other best friend.
I am her classmate.
We study together.

B ANALYZE THE MODEL Match the sentences from the model to the questions.

- How many best friends does the writer have? Sentence _____
- What are their names? Sentences _____ and _____
- How does the writer know each friend? Sentences _____ and _____
- What do they do together? Sentence _____ and _____

C EDIT Add capital letters and periods to the sentences.

- I have one best friend.
- he is my friend from school.
- we have classes together.
- we also play soccer together.
- our relationship is important to me.

GRAMMAR Subject pronouns and possessive adjectives
Subject pronouns
I, you, he, she, it, we, and they are subject pronouns. They take the place of nouns as the subject of a sentence.
Marcus is my best friend. She is very important to me.
Kirk and Chad are friends. They are very different from each other.

Possessive adjectives
My, your, his, her, its, our, and their are possessive adjectives. We use them with a noun to show possession.
Farah is from Malaysia. Her best friend is from the UK.

D GRAMMAR Complete each sentence with the correct subject pronoun.

- Mia is my sister. _____ has five best friends.
- Juan is my father. _____ is in grade 1 of my relationship circles.
- People in the United States do not have many best friends. _____ have only one best friend.
- You and Athena are best friends. _____ are like each other.
- My best friend and I love each other a lot. _____ like to be together.

13 **14 UNIT 1**

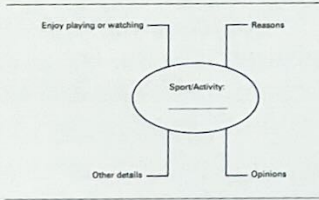
Reflect activities give students the opportunity to think critically about what they are learning and check their understanding.

Clear writing models and Analyze the model activities give students a strong framework to improve their writing.

PLAN & WRITE

L BRAINSTORM Make a list of sports and activities you enjoy doing or watching. Share your list with a partner.

M PLAN Choose one of the sports or activities from activity L and complete the mind map.



N FIRST DRAFT Use your mind map and the model to write a first draft of your paragraph.

O REVISE Use this list as you write your second draft.

- Is the topic sentence clear?
- Do you use infinitives or gerunds to talk about a sport or activity?
- Do you use can and can't to talk about ability?
- Do you give reasons with because?
- Do you give examples?
- Is there any information that doesn't belong?

P EDIT Use this list as you write your final draft.

- Is there an indent in the first line?
- Do you use infinitives and gerunds correctly?
- Do you use can and can't correctly?
- Do you use commas correctly with because and examples?

Q FINAL DRAFT Reread your final draft and correct any errors. Then submit it to your teacher.

90 UNIT 1

GRAMMAR Infinitives and gerunds

Use an infinitive (to + verb) or gerund (verb + -ing) after a verb to talk about activities.

Use an infinitive with the verbs *need* and *want*.
I want to play tennis today.

Use a gerund with the verbs *dislike* and *enjoy*.
I enjoy cycling.

Use either an infinitive or a gerund with the verbs *like*, *love*, and *hate*. These sentences have the same meaning.
I like to swim.
I like swimming.

A **step-by-step approach** to the **writing process** along with relevant grammar helps students complete the final writing task with confidence.

REFLECT

READING & WRITING

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REFLECT¹

READING & WRITING

Relatable, student-centered content combined with essential academic-skill instruction makes the new six-level **Reflect** series unique. As students interact with the engaging content, they not only master English but also navigate their place in the world. **Reflect** builds students' confidence and helps them achieve their academic, professional, and personal goals.

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ACADEMIC SKILLS - A clear framework of academic and critical thinking skills prepares students for reading and writing success.

STUDENTS' LIVES - Reflect activities provide students with opportunities to personalize, check their understanding, and think more critically about the topic.


ACHIEVEMENT - Clear models and step-by-step planning help students reach their goals.

Reflect brings the world to **ALL** classrooms...

DIGITAL RESOURCES support in-person, blended, and virtual classes with online graded practice, an interactive eBook, assessment, and a classroom presentation tool.

CEFR correlation

A1	A2	B1	B1+	B2	C1

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