

ARE YOU LIVING THE LIFE YOU DESERVE?

ASK *and You Will* SUCCEED

1001 EXTRAORDINARY QUESTIONS

— TO CREATE —

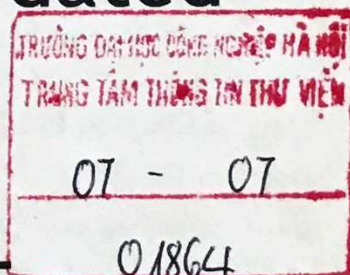
LIFE-CHANGING RESULTS

REVISED AND UPDATED

KENNETH D. FOSTER

ASK AND YOU WILL SUCCEED

1001 Extraordinary
Questions to Create
Life-Changing Results,
Revised and Updated



KENNETH D. FOSTER



**GIFT OF THE ASIA FOUNDATION
NOT FOR RE-SALE**

**QUÀ TẶNG CỦA QUỸ CHÂU Á
KHÔNG ĐƯỢC BÁN LẠI**

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FOREWORD

Ken Foster has done it! This book has the power to change your business and your life. There is no book on the market like this one. Through his studies of human behavior and the mind, Ken has come across the simple—yet profound—formula to tap into higher realms of consciousness using the power of questions. This book will feed you mentally, emotionally, physically, and spiritually, by showing you the way to use your mind in obtaining what is most important for you.

Through Ken's simple method he will show you how to focus your mind like never before. As a result, you will tap into the hidden strength within you and find the answers to your greatest challenges, avoid new disasters, and bridge the gap from where you currently are to manifesting your greatest dreams. Ken is the master thinker. When it comes to teaching people to go within and ask the right questions, no one else can touch him. He is the Socrates of our time.

The pace of life is too frantic for many people, like being in a bad movie that won't stop. They are working more hours than ever, worried about their futures, concerned about the planet, juggling finances, and trying to keep up with massive amounts of information bombarding them on a daily basis. Many people carry a tremendous burden of guilt because they feel unsuccessful and are unhappy—discontent with their life. That is not the way to live! Can you relate to this? There is a growing need for people to balance their life and take back control. *Ask and You Will Succeed* will help you do this in many ways. And the benefits apply whether you are a CEO, corporate employee, entrepreneur, or homemaker.

The more sweetener you put into water, the sweeter it becomes. Likewise, the better the questions you ask, the sweeter your life will become. As I read, with fascination, the questions in each category, I found myself instantly asking and applying the questions to ongoing projects and relationships of my own. Therein is the great value of this book. You can instantly ask a new question and change your focus and direction immediately. The questions in each category are asked in such a way to affect your thinking at once.

I've asked on many occasions over the years, "What can I do to help more people live an incredible life?" This has probably been the most asked

question of me throughout my career. *The Success Principles*, the *Chicken Soup for the Soul* series, *The Power of Focus*, *The Aladdin Factor*, *Dare to Win*, *Maximum Confidence*, *Self-Esteem and Peak Performance*, *Heart at Work and Peak Performance*, which have sold millions of copies, have all been focused on answering that question. So, when Ken asked me to write the foreword to his book, I looked to see if this book will help more people live an incredible life. The answer is an overwhelming yes, because it helps people form the habit of introspection.

Introspection is the key to living an extraordinary life. If you can look at yourself or your business dispassionately and recognize that you have faults and weaknesses, then you can change. People who don't analyze circumstances never change and rarely succeed in the areas of life that matter most. Ken has provided the categories and the right questions to help you take stock of what is happening in your world. When you go to bed each night, review your day and go over your experiences. How did I react today? Did I empower others? Did I meet my goals? Where did I let myself, or others down? What areas can I improve upon? Did I use self-control when the situations were irritating? Ask introspective questions and your life will get better.

This book helps fight the battle of scarcity thinking. Ken Foster knows far too well the ravages of wrong thinking and asking the wrong questions. He lost all his possessions twice in his life, but he pulled himself out of it. His results speak for themselves. He knows we are here to live life fully, to live it abundantly, to find joy in what we are doing and to use our mind to expand and magnify our lives. He has given you the key to unlock the life you have always wanted.

The key is one that you already hold, but may not be using effectively. It is the key to success that the prophets, spiritual leaders, and inspirational speakers have tried to tell us for thousands of years. Success is not about looking outside yourself for something that you don't have, but rather reaching inside to find what is already there. Your level of personal fulfillment, prosperity, success, and financial wealth can be traced back to the questions you ask and the actions you take on a daily basis. Ken Foster has dedicated his life to coaching others and helping them tap in to their inner compass to success. And he will teach you that anything is possible . . . if you dare to ask!

The success I have enjoyed can be traced back to the questions I asked. I have dreamed big and asked big questions over the years, which have resulted in unending success. You can too, by asking the questions found in *Ask and You Will Succeed*.

—Jack Canfield
coauthor, *Chicken Soup for the Soul*